

# Understanding Alzheimer's and Dementia

**Jenna Fink, LSW**

Associate Director of Community Services

**Kimberly Hamlin, CFP<sup>®</sup>, AIF<sup>®</sup>**

Associate Wealth Advisor



# Disclaimer

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# More About Jenna

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**Jenna Fink, LSW**

*Associate Director of  
Community Services*

Jenna Fink holds a Bachelor's degree in Social Work from Winona State University in Winona, MN, and has been a licensed social worker since 2007. Prior to joining the Alzheimer's Association, she served as a social worker in nursing facilities, specializing in memory care, long-term care, and short-term rehabilitation.

Since 2010, Jenna has been a dedicated member of the Alzheimer's Association®, where she currently serves as the Associate Director of Community Services for the Minnesota-North Dakota Chapter. In this role, she oversees education and outreach initiatives, as well as metro-based early-stage programming. Jenna collaborates with corporate partners and community organizations to promote dementia education and its positive impact on employees and the broader community. She also provides leadership and support for the Association's 24/7 Helpline services.

# More About Kimberly

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**Kimberly Hamlin,**  
**CFP®, AIF®**

*Associate Wealth Advisor*

Kim Hamlin earned her bachelor's degree from the University of Idaho with a double major in finance and operations and supply chain management and a minor in accounting. She has also obtained the CERTIFIED FINANCIAL PLANNER® certification sponsored by the Certified Financial Planner Board of Standards to help her better serve clients.

Kim was also awarded the Accredited Investment Fiduciary® (AIF®) Designation, sponsored by the Center for Fiduciary Studies. Kim is a NAPFA-Registered Financial Advisor through the National Association of Personal Financial Advisors (NAPFA), a professional association of fee-only advisors with high standards of professional competency and client-centric financial planning. After college, Kim started her financial career with ConAgra Foods. She has worked directly in the financial services industry for the last eight years, helping people plan for their future. Her passion for providing comprehensive fiduciary financial planning services continues to grow.

# Agenda

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1. Financially Preparing for a Major Health Event
2. Understanding Alzheimer's and Dementia

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# Preparing Financially for a Major Health Event

# Our Role as Financial Planners

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1. Stress testing your financial plan
2. Coordinating with your legal and tax professionals as needed
3. Being here for you and your family if these challenges/events ever arise.



# What You Can Do to Help Prepare

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1. Ensure your will, living will, health care directive, and power of attorney are all up to date with your wishes.
2. Communicate your estate plan and wishes with family/important people.
3. Think about what support will look like for the caregivers – financially and emotionally.



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